



# BWPS

## Weekly Newsletter

### What's On @ BWPS?

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Monday, 16th March  
2M and 3/2H Parent Voice Sessions

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Tuesday, 17th March  
Football Clinics continue  
1S, 1E, 1H Parent Voice sessions

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Wednesday, 18th March  
Harmony Day- wear orange, gold coin donation, orange food at the canteen.  
6/5A, 6/5M and 6/5D Parent Voice sessions.

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Thursday, 19th March  
4/3B, 4/3K and 4/3V Parent Voice Sessions

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Friday, 13th March  
Ready, Set, Go continues  
KH and KD Parent Voice Sessions

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#### Coming Soon

Week 9 Dental visit all week  
1st April School photos  
9th April Easter Hat Parade  
6th May Cross Country 3-6  
7th May Cross Country K-2  
8th May Mother's Day Morning

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### Term 1 Week 8

#### Regional Swimming Carnival feedback from Mr McMahon

On Tuesday, 10th March, eight students from Bankstown West Public School completed in the Sydney South West Primary Swimming Championships.

Well done to the following individual students:

Mitchell placed 5th in the Junior 50m Breaststroke; 8th in the Junior 50m Butterfly; 10th in the 9 years 50m Freestyle and 13th in the Junior 50m Backstroke.

Michelle placed 15th in the 11 years 50m Breaststroke; 17th in both the 11 years 50m Freestyle and Backstroke and 18th in both the Open 100m Freestyle and 11 years 50m Butterfly.

Anastasios placed 9th in the 8 years 50m Freestyle.

Our relay teams also competed, with the Senior Girls placing 20th and the Junior Boys placing 21st.

Congratulations to all of our students who participated on the day!





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### Scripture News feedback from Mr MacDougal

At this point in time, we have only one Muslim scripture teacher. We currently have four K-2 classes and four 3-6 classes attending Muslim scripture. This means that we currently cannot offer scripture instruction for the Muslim religion across the whole year for every child. Only having one Muslim scripture teacher means that we have to split instruction over the year (one K-2 class and one 3-6 class will attend Muslim Scripture per term).

If you can volunteer your time on Thursday between 12:20 – 1:20pm or know someone who can, please contact the Islamic Council and speak to the regional co-ordinator Salma Wehbe-Harris. Relevant information can also be found at <https://www.isre.org.au/>

### Ready, Set, Go-Term Two

From term two children attending Ready, Set, Go will do so independent of their parents/carers. To facilitate the process, children who are within our area and intend to start school in 2021 need to be enrolled. Please see the Office for an enrolment form.

### P&C-AGM results

Congratulations to the new P&C executive who were elected at the annual general meeting last Thursday:

Lina Yassine-President

Fatinah Zirein-Vice President

Rola Aiche-Vice President

Aisha Haddad-Treasurer

Aisha El-Cheikh-Secretary

We look forward to working collaboratively with the new team and to implementing our exciting plans for 2020.

Thank you to the outgoing committee members: Fatima, Rawaa, Sherry, Lina and Linda. Your support, enthusiasm and commitment has contributed to our school community going from strength to strength.





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### Woodville Alliance feedback from Mr Dippert

Last week the students in Year 6 went on an excursion to the Woodville Alliance office, Cucina 105 restaurant and the Treetops Adventure Park – all free and in the one day! The students improved a range of skills including communication, collaboration, confidence and resilience, all whilst having a great time climbing in between trees and zip-lining down flying foxes. A big thanks to all of the employees at Woodville Alliance (a community agency working closely with BWPS) and Mr Anasta for organising such a wonderful event.

## Woodville Alliance Photos

[Click here to see more](#)





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### Latest information on the coronavirus from DoE:

Coronavirus (COVID -19) Information for parents and carers to support children and young people

#### How you can support your child

It is perfectly normal for children to have questions about events that are covered in the media, such as the information currently being distributed about COVID-19. Children look to the significant adults in their lives for guidance on how to manage their reactions and you can help your child by remaining calm and reassuring them.

There is a common misunderstanding that talking with your child about a topic such as COVID-19 may increase their anxiety. This is not the case. It is important to listen to your child and answer their questions as honestly as possible and correct any misunderstandings. This will help them feel informed and understand what is happening.

Keeping up to date with the facts from reliable sources will help keep conversations calm, considered, and constructive. Provide information in words that are appropriate to the age of your child.

Children can be distressed by hearing repeated stories so monitor how much your child is being exposed to television and social media and encourage them to talk to you about what they are seeing and hearing.

#### Some practical advice

Some practical advice for your child includes reminding them to cover their nose and mouth when they cough or sneeze (coughing into their elbow is a useful strategy), keep their hands clean by washing them regularly with soap and water, and avoid touching their eyes, nose, and mouth before washing their hands. These are easy habits for children to adopt, and should help them feel as though they're able to exert some control over their circumstances.

If your child must stay at home, it is important for your child to maintain a healthy lifestyle including proper diet, sleep, and social contact at home and by email and phone with family and friends

#### Communication is important

- read the department's response to COVID-19 for current information
- read any information sent home by the school.
- contact the school if your child becomes unwell.

#### Where to get help

Contact the school if you are concerned about your child's wellbeing to discuss the most appropriate support. Support is also available through a number of agencies and community organisations. Parents and carers can:

- call the National Coronavirus Health Information line (1800 020 080)
- review the NSW Health COVID-19 website for the latest information and advice
- obtain help and information from the local General Practitioner or Community Health Centre

If you would like additional support, the following services are available

- The school counselling service
- Kids Helpline – 1800 55 1800 – [kidshelpline.com.au](http://kidshelpline.com.au)
- Headspace – 1800 650 890 – [eheadspace.org.au](http://eheadspace.org.au)
- Parent Helpline – 1300 1300 52
- Beyond Blue – 1300 22 4636
- Lifeline – 13 11 14

**For updated information, download the NSW Department of education App**





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**Spend 20 seconds washing your hands. Sing “happy birthday” twice while washing to get to 20 seconds!**