



AUSSIE KIDZ BITES

Our New Healthy Canteen Menu

Term 1 2019

SPECIALS

MONDAY

- Fresh Bolognese Pasta
- Water • Piece of Fruit
- \$6.00
- (Bolognese Only - \$4.00)

TUESDAY

- Rice with Veg
- Water • Fruitcup
- \$6.00
- (Rice Only - \$4.00)

WEDNESDAY

- Cheese & Tomato S/W
- Water
- Quelch Iceblock
- \$5.00

ALL DAY BREAKFAST

- Piece of Seasonal Fruit \$1.00
- Cheese Toastie \$3.00
- Piece of Toast \$1.00
- Raisin Toast \$1.00
- Weat Bix Cup \$1.00
- Yoghurt \$1.50
- Hot Choc \$2.00

RECESS

- Fruitcup \$1.00
- Custard \$1.00
- Greek Yoghurt \$1.50
- Bread Roll \$1.00
- Vegemite Roll \$1.00
- Cucumber Cup \$1.00
- Carrot Cup \$1.00
- Corn Cob \$1.00

SANDWICHES

- Egg \$3.00
- Vegemite \$1.50
- Cheese \$2.50
- Cheese & Tomato \$3.00
- Tuna \$3.00
- Ham \$3.00
- Salad \$4.00
- (Lettuce, Tomato, Cucumber, Carrot, Cheese & Beetroot)

HOT FOOD (HALAL)

- Mac & Cheese \$4.00
- Lasagne (220g) \$4.00
- Steggles Nuggets (4) \$4.00
- Steggles Nuggets (6) \$5.00
- Steggles Chicken Burger \$5.00
- Ingham Chicken Tender (plain/chilli) \$2.00
- Four'n Twenty Meat Pie (175g) \$3.50
- Fresh Made Cheese Manoush \$4.00
- Fresh Made Meat Manoush \$4.00
- McCain Hashbrown (75g) \$1.00
- Wedges Cup (100g) \$2.00

DRINKS

- Water (600mls) \$2.00
- Plain Milk (250mls) \$2.50
- Up & Go Strawberry / Vanilla (250mls) \$2.00
- Mooves Chocolate / Strawberry (250mls) \$3.00
- Fruit Juices Apple / Paradise / Orange (250mls) \$2.00

SALAD TUBS

- Garden Salad \$4.00
- Greek Salad \$5.00
- Tuna Salad \$5.00
- Chicken Salad \$6.00
- Large Fruit Salad \$4.00

SNACKS

- (AVAILABLE AFTER LUNCH)
- Popcorn \$1.00
- Quelch Iceblocks \$1.00 (Raspberry, Tropical, Apple)
- Frozen Yoghurt \$2.00
- Choc Moosies \$1.00

PRICES SUBJECT TO CHANGE. FOOD MAY CONTAIN TRACES OF NUTS.